

Appendix A

Core Elements for the Making Life's Responsible Choices (MLRC) Program

While administrators and teachers are encouraged to localize the MLRC Program to meet the unique needs and cultures of each school and community, the following “Core Elements” are the essential components required for the Program to be implemented effectively. Therefore, the “Core Elements” cannot be changed or altered.

1. The MLRC Program must target children in Class 5 in the school implementing MLRC with a focus on ages 11-14 years old.
2. The MLRC Program must be delivered by a Diocesan trained MLRC volunteer teacher (or other trained volunteers).
3. All teachers/other volunteers delivering the MLRC Program must have the following teaching and learning resources:
 - a. MLRC Teacher's Guide
 - b. MLRC Pupil's Book / MLRC Pupil's Booklet
 - c. MLRC Posters
4. Parents, School Management Committees (SMCs), and school administrators must be sensitized to the MLRC Program prior to implementation.
 - a. MLRC Parent Booklets are given to parents/guardians during sensitization.
 - b. MLRC Parent Memos/Circulars are distributed to parents/guardians at the beginning of each Module.
5. Implementers must deliver all components of the 6 Modules in Class 5 within one academic year. The MLRC Program must also be taught once a week (for at least 40 minutes) for Class 5.
6. The MLRC Program must be implemented in a classroom with a teacher-to-pupil ratio of not more than 1:25 for all “Skills-Building” activities (these are Sessions #2D, #3F, #4E, #4G, #5D, #5K, #5L, #6A, #6D, and #6F).
7. All pupils participating in the MLRC Program must receive an “MLRC Pupil's Booklet.”
8. All teacher-pupil discussions shall remain confidential (however, if a child discloses anything that must be legally-reported then teachers must do so while respecting the child's confidentiality to the fullest extent possible).
9. The instructional approach is “child-centred” and “participatory.” The instructional approach will also utilize the “Life Approach.”

Teachers must adhere to the approach of the Catholic Church when delivering the Program.